

FOIL Kingston Regatta

OPEN Wingfoiling

OPEN Windfoiling

Ontario Provincial WASZP Championship

Organizing authority: Kingston Yacht Club (KYC)

July 17 - 19, 2026

Kingston Yacht Club
Kingston, Ontario, Canada

WE CAN FOIL



Notice of Race (NoR)

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Sail Canada Prescriptions will apply and are available at <https://www.sailing.ca/rules-prescriptions/>
- 1.3 **[DP][NP]** RRS 40.1 applies at all times while afloat.
- 1.4 RRS 60.4(a)(2) is changed as follows: "(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or"
- 1.5 For the Windfoil class, Appendix B will apply, however RRS B5 61.1(a) (protest requirements) and B8.A8 (series ties) are deleted.
- 1.6 RRS Appendix T "Arbitration" will apply.
- 1.7 For the WingFoil class, WingFoiling Racing Rules (**Appendix WF**), as available on the World Sailing website and published on the official notice board, applies.

2 SAILING INSTRUCTIONS

- 2.1 The sailing instructions will be posted on the online official notice board (ONB) prior to the first day of the event.

3 COMMUNICATION

- 3.1 The online official notice board is located at: [Regattas - Kingston Yacht Club](#).
- 3.2 A WhatsApp group may be used for unofficial communications. The link will be available at registration.
- 3.3 **[DP]** While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4 ELIGIBILITY AND ENTRY

- 4.1 The event is open to boats of the WASZP, open Windfoil and open Wingfoil classes.
- 4.2 For the WASZP class, all competitors shall be a current member of the Canadian WASZP Class Association or their equivalent national WASZP Class Association. [WASZP RaceHub](#)
- 4.3 For the open Windfoil and open Wingfoil class, all competitors shall be a current member of an Ontario Sailing or Sail Canada recognized club/affiliate or a member of the Maple Leaf Club ([Maple Leaf - Ontario Sailing](#) 2026).
- 4.4 A completed parental permission form for entries under the age of 18 years is required. This form can be completed online but a printed copy shall be brought to registration. <https://www.iotform.com/sign/261124667365056/invite/01kpxej5fd4260f71e18c2dd7e>
- 4.5 For boats or boards to be considered and entry for this event, the online registration must be completed at [Regattas - Kingston Yacht Club](#) and all fees must be received by 1800 July 17, 2026. No entries will be accepted after this time.

5 FEES AND REFUNDS

5.1

Date	Fees
Regular Fee: Completed entry form and entry fee received before June 19, 2026	CAD \$225 + 13% HST
Late Fee: Completed entry form and entry fee received on or after June 19, 2026	CAD \$275 + 13% HST

5.2 The event fee covers racing, snacks, Saturday night dinner and an event souvenir.

6 [DP] ADVERTISING

6.1 Boats or boards may be required to display advertising chosen and supplied by the organizing authority.

7 SCHEDULE

7.1

Date	Time	Event
Friday, July 17	1500-2000	Competitor and Coach check-in
Saturday, July 18	0800-1000	Competitor and Coach check-in
	0900	Opening welcome and Competitors' meeting
	0930	Coaches meeting
	1100	Warning signal of first race of the day
	After Racing	BBQ Dinner at KYC
Sunday, July 19	0930	Coaches meeting
	1100	Warning signal of first race of the day
	1400	No warning signal after this time
	After Racing	Awards

7.2 A maximum of 6 races per day are scheduled.

7.3 One extra race per day may be sailed, provided that the event is no class becomes more than one race ahead of schedule.

7.4 A slalom race may be scheduled during the event, at the discretion of the race committee. This will count as one race.

8 [DP] EQUIPMENT INSPECTION

8.1 Boats and boards may be inspected at any time during the event for compliance with the Class Rules.

8.2 For the WASZP class, competitors may choose to sail with any rig size. Substitution of rig sizes is permitted but rig changes must be completed at KYC.

8.3 For the windfoil and wingfoil classes, the open fleet will permit any windfoil or wingfoil. Competitors may choose to sail with any sail size.

9 VENUE

9.1 Sailing will be on Lake Ontario, southwest of the Kingston Yacht Club.

10 COURSES

10.1 The courses to be sailed will be described in the sailing instructions.

11 PENALTY SYSTEM

- 11.1 For the WASZP class, RRS 44.1 and RRS P2.1 are changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty unless the incident occurs within the zone in which case, the Two-Turns Penalty will apply.
- 11.2 For the open windfoil and open wingfoil classes, RRS 44.1 is changed so that the Two-Turns Penalty is replaced by a standard penalty of 5 points per infraction per race. The standard penalty is applied without a hearing. The scores of other boards will not be changed. There, two boards may receive the same score. A board that has been penalized with a standard penalty can neither be protested for the same incident by another board nor can another board request redress for this race committee action. This changes RRS 60.1 and Appendix A5.1.

12 SCORING

- 12.1 One race is required to constitute a series.
- 12.2
 - 12.2.1 When fewer than five races have been completed, a boat's series score will be the total of her race scores.
 - 13.2.2 When five to nine races have been completed, a boat's score will be the total of her race scores excluding her worst score.
 - 13.2.3 When ten to fourteen races have been completed, a boat's score will be the total of her race scores excluding her two worst scores.

13 [DP] [NP] SUPPORT PERSONNEL AND VESSELS

- 13.1 Support persons and vessels shall register online at [Regattas - Kingston Yacht Club](#).
- 13.2 Support boats must be equipped with engine-kill mechanism. Operators of support boats must attach engine kill cords to themselves, or wear appropriate wireless equivalent, at all times while the engine is on.

14 [DP][NP] BERTHING

- 14.1 Boats and boards shall be kept in their assigned places/area while in the boat park.

15 [DP] LAUNCHING

- 15.1 Boats shall launch from and return to Kingston Yacht Club.

16 DISCLAIMER OF LIABILITY AND RISK STATEMENT

- 16.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes**

17 INSURANCE

- 17.1 Each participating boat shall be insured with adequate third-party liability insurance.
- 17.2 The organizing authority does not accept any responsibility for verifying that a boat has valid third-party liability insurance.

18 PRIZES

- 18.1 Prizes will be given to boats placing first, second and third in each class with five or more entries; to those placing first and second in classes with four entries and to the first place in classes with three entries.
- 18.2 A prize will be awarded to the top female competitor in each class.
- 18.3 Other awards may be given.

19 [DP] CONCUSSION AWARENESS

- 19.1 Certain aspects of Rowan's Law are in effect. To review current information and requirement, check the Ontario Sailing website: <https://ontariosailing.ca/concussion-information/>
- 19.2 Competitors and Support Persons under the age of 26, need to:
- read the Ministry Approved Concussion Awareness Resource.
 - review, and be committed to, the Ontario Sailing Athlete Concussion Code of Conduct.

20 PHOTO AND VIDEO DISCLAIMER

- 20.1 By participating in the event, competitors give absolute right and permission for any photograph and video footage taken of themselves or the boat they are sailing during the event to be published, in any media whatsoever, for either editorial or advertising purposes or to be used in press information, without compensation.

21 FURTHER INFORMATION

- 21.1 For further information, please contact:
Regatta chair: Sue Fraser
Email – sufraser11@yahoo.ca
Cell – 705-796-6542
- 21.2 Kingston Yacht Club
1 Maitland Street
Kingston, ON K7L 2V3
613-548-3052
<https://kingstonyachtclub.ca/>